

**SUMMER SUBURBAN SWIM LEAGUE
ANNUAL MILE SWIM
NATICK**

DATE: Friday, July 29, 2016

RAINDATE: Monday, August 1, 2016

TIME:

- 12 noon Check-In
- Girls to swim at 1:00 pm or as soon as possible following check-in.
- Boys swim as soon as possible after the completion of the girls' swim.

ELIGIBILITY: 5 Girls and 5 Boys from each Summer Suburban Swim League Team who have participated in a majority of their team's swim meets by this date. The minimum age of a participant is 11 years old.

ENTRIES: Completed entry sheets must be emailed to the secretary by Tuesday, July 26, 2016.

FEES: Each town has been billed for the Mile Swim within their league dues. This must be paid in full, regardless of the number of swimmers.

AWARDS: Trophies are awarded to the team having the overall lowest score and to the girl's and the boys' team having the lowest score. Points will be awarded in the order of finish, i.e. 1st place = 1 point and 50th place = 50 points. Those teams not entering 10 swimmers will draw the left-over place sticks, so that each team scores points based on 5 swimmers in each event.

RULES:

1. All rules and regulations of the pond in Natick must be observed.
2. Each team must provide one safety approved, manned boat with two lifejackets to go alongside the swimmers. This MAY NOT be a motor boat.
3. Each team must provide a Stopwatch.
4. Each team must have a designated person on the beach to receive the swimmers' tiles and turn them in to the scoring table.
5. If the rain date is used, a team must swim its original line-up.
6. Eligibility requirements for number of meets remain the same.
7. When you enter this event, you enter at your own risk. The Summer Suburban Swim League and the Natick Swim Team void all responsibility in case of accident and will not be held responsible.